

DESIRE MAPPING + GOAL SETTING

What three goals can I focus on right now?

Personal	Professional	Health

How do I want to *feel* after accomplishing all these goals?

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What are three things I can do to accomplish each of these goals and feel the way I desire?

1.	1.	1.
2.	2.	2.
3.	3.	3.

Now write those first three goals in present tense:

I will...

I am...

I can...

Are you running your own world yet?

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